



**Healing Trails** exhibit, entries due Nov. 4, 2018.

The Abbott Marshlands Trails are part of a larger trails exhibit sponsored by the Princeton Photography Club and D&R Greenway Land Trust See below, A.

**A. Directions for Healing Trails exhibit entries:**

**Help celebrate the healing benefits of Abbott Marshlands trails...both on foot and afloat!**

**Exhibit Dates**

4 Feb – 5 Apr 2019 at D&R Greenway

4 May - 12 July 2019 Lakefront Gallery

~16 Sept 2019- Feb 15 2020 Abbott Marsh

Two marsh apps, for the tidal river and upland trails, have already been completed. (They can be downloaded: TravelStorys app from the AppStore or GooglePlay.) The marsh apps provide opportunities for paddlers and hikers to explore the trails at Roebling Park (Mercer County), Northern Community Park (Bordentown Twp), and the Bordentown Bluffs and Canal Tow Path, both D&R Canals State Park trails. Details for submissions are below.

There are monthly walks scheduled at the Abbott Marshlands. For information see: [www.abbottmarshlands.org](http://www.abbottmarshlands.org). For marsh specific questions: [marshphotos@abbottmarshlands.org](mailto:marshphotos@abbottmarshlands.org).

The specific trails that will be featured in the exhibit:

- 1) Greenway Meadows
- 2) Cedar Ridge
- 3) St. Michaels Farm Preserve
- 4) Sourlands Ecosystem Preserve
- 5) **Abbott Marshlands Walking tour** (all upland trails)
- 6) **Abbott Marshlands Paddling tour** (tidal water trail)
- 7) \*Dry Run Creek trail

\*Dry Run Creek trail is in Mercer County, extending south of Rte. 518 and connecting with Howell Living History Farm. Jim Amon has scheduled a walk October 16, 2018 9:30 AM.

The updated marsh trail maps can be found at [www.abbottmarshlands.org](http://www.abbottmarshlands.org). All trail maps can be found at [NJTrails.com](http://NJTrails.com).

You are invited to submit photographs from other trails. You do not have to be a member

of the Princeton Photography Club to submit images for the Healing Trails exhibit.

Submission and '**Healing Trails**' information:

There is a folder in the Princeton Photograph Club dropbox named 'Healing Trails' to which you may upload trail images for consideration in the Healing Trails exhibit. Deadline is Nov. 4<sup>th</sup>, but please do not wait for the last month to submit your images.

Submission details:

a. File size of 500 - 750 kb

b. File name: *YourName\_TrailName.jpg*. E.g., *JSmith\_WalkingTour.jpg*

c. Upload your photos and place images in the PPC dropbox folder 'Healing Trails': You may email images to Sheila at [scgeisler@me.com](mailto:scgeisler@me.com) subject line Healing Trails.

To upload your photos, visit <http://www.dropbox.com> in any browser Enter this information (you will need to log out if you are already logged into another Dropbox account):

User Name: [ppcphotoclub@gmail.com](mailto:ppcphotoclub@gmail.com)

Password: **Prince99**

Folder: **Healing Trails**

**Then create a folder with your name and upload your images.**

**It is important that no one download the app and sign in as the PPC. You should just access the Dropbox on a browser.**

d. In your folder, also include your contact information and titles of your entries in a separate file.

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**Overview of the Healing Trails project:**

"Healing Trails" was initially conceived as an honor to D&R Greenway landowner Edie Howard who, with her husband, Dr. Charlie Howard of Princeton Radiology, permanently protected their local farm through the D&R Greenway Land Trust. When Edie was diagnosed with endometrial cancer, she found healing for her spirit and her body by walking around her farm every day, morning and night. She wanted to share the spiritual, emotional, and physical healing that can be found in nature with others. It was her idea that D&R Greenway connect cancer survivors and others to the land by designating and promoting "healing trails."